

# Retirement

**Congratulations!** You're retired or thinking about it. If you have time to read one book, read the one described below.

**BOOKS:** (Can be borrowed by mail from the Family Life Office)

**Creating a Successful Retirement: Finding Peace & Purpose** by Dr. Richard Johnson.

(From the back cover of the book):

“Retirement is perhaps the greatest time for self-discovery. You may not believe it, but Christ has something incredible in store for you in your new role! ...Dr. Richard Johnson presents you with 15 keys that will help you redefine yourself. He begins by setting the stage for your new world of opportunity, helping you move away from the external, material, achievement-oriented definition of self toward a more personal, genuine, and spiritual definition. ...Each chapter opens with stories of retirees from all walks of life. ...Plus he includes affirming prayers to draw you closer to God who loves you and who wants to make your life a success.”