

IDEAS FOR LIVING BETTER FROM THE FAMILY LIFE OFFICE

FAMILY RITUAL

A Lenten Family Prayer

Write a one or two line Lenten prayer or choose a psalm response from Mass to recite together each day during the rest of Lent. An example for a family with young children: **“Dear Jesus, we are happy that you loved us so much. We love you too.”**



Daylight Saving Time
 set clocks forward an hour



What Is the Most Common Easter Date?

Over a 500-year period (from 1600 to 2099 AD), it just so happens that Easter will most often be celebrated on either March 31 or April 16.

In my spare time I calculated the following list of FUTURE EASTER DATES!

Just kidding! I used an Almanac.

Cheers, Maureen

20th	April	2025
5th	April	2026
28th	March	2027
16th	April	2028
1st	April	2029
21st	April	2030
13th	April	2031
28th	March	2032
17th	April	2033
9th	April	2034
25th	March	2035
13th	April	2036
5th	April	2037
25th	April	2038
10th	April	2039
1st	April	2040
21st	April	2041
6th	April	2042
29th	March	2043
17th	April	2044
9th	April	2045
25th	March	2046
14th	April	2047
5th	April	2048
18th	April	2049

Families and the Gospel

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A Family Perspective by Bud Ozar

March 3rd Third Sunday of Lent (John 2:13-25)

Today's gospel says Jesus chased the merchants out of the temple, it doesn't say He was angry. Jesus teaches us to act from conviction and not from anger. He didn't condemn the merchants, only their business practice. Attack the behavior and not the person.

March 10th Fourth Sunday of Lent (John 3: 14-21)

Today's gospel speaks of light and darkness. Often a parent is deliberately "left in the dark." Darkness can be comforting for it makes no demands on us. Light can be disturbing for it forces us to take action. Parents walk a delicate balance of when to "sit in the dark" and when to "turn on the lights."

March 17th Fifth Sunday of Lent (John 12:20-33)

Relationships come with a price tag. We must be willing to entrust ourselves to another, to let go of our autonomy and die to our independence. It is in dying to our independence that we find interdependence with others.

March 24th Passion (Palm) Sunday (Mark 14:1-15:47)

The Passion of Jesus makes it clear, no one escapes suffering. Suffering is inevitable but no one should suffer alone. That is one of the primary roles of families, to stand with and support each other in suffering.

March 31st Easter Sunday (John 20:1-9)

That first Easter morning was confusing. Jesus was missing and Mary Magdalene, Peter and John "did not know" what to do. In family life there are confusing moments when "we don't know" what to do. Like the apostles we are Easter people when we believe and trust in each other even when all seems lost.

FUN FACTS ABOUT MARCH

Every year, March and June finish on the same day of the week.

The Anglo-Saxons called March "Hlyd monath" meaning "Stormy month" or "Hraed monath" meaning "Rugged month."

Back in the old days, March was when military campaigns would resume that had previously been put on hold for winter.

The Eiffel Tower was ascended for the first time. Eiffel himself led a group of government officials and members of the press to the top. The elevators were not in operation yet, so the journey was made on foot and took over an hour.

President John F. Kennedy founded the Peace Corps on March 1, 1961. It is a successful volunteer organization that has since sent at least 235,000 Americans abroad to developing countries to help with health care, education, and other human needs.

On March 10, 1876, Alexander Graham Bell made the first-ever phone call. It was to his assistant and he said "Mr. Watson, come here. I want to see you."

The Girl Scouts was officially founded on the 12th of March, 1912.

March 14th is celebrated as 'International Pi Day' as March 14th is known as 3/14, which is also in honor of Albert Einstein's birthday. π 3.14.....

The first St. Patrick's Day parade in the American colonies was held in New York City on this day in 1762.

The Vernal Equinox occurs around March 20 or 21st. This is when the sun is directly above the equator, making the day and night equal length.

