

Mentor's Guide



Confirmation Formation Process

Diocese of Altoona-Johnstown

February, 2025

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CONFIRMATION MENTORS

The role of a mentor is to accompany candidates and parents through the Confirmation preparation process in a way that offers a real opportunity for growth in faith, both as individuals and as a family. In this way, they can ideally serve as a bridge from the parish to both confirmation candidates and their parents (if need be) in terms of sacramental preparation, faith formation and engagement in parish life.

Young people need to have their freedom respected, yet they also need to be accompanied. The family should be the first place of accompaniment. Youth ministry can present the ideal of life in Christ as the process of building a house on rock (cf. *Mt 7:24-25*). For most young people, that house, their life, will be built on marriage and married love. That is why youth ministry and the pastoral care of families should be coordinated and integrated, with the aim of ensuring a continuous and suitable accompaniment of the vocational process. ["Christus vivit": Pope Francis, #242. (25 March 2019)]

Depending on the size of a given Confirmation class in a parish, there may be one mentor or multiple mentors assigned in a given year to candidates and their families. Ideally, a mentor would be responsible for 3-4 candidates at most, ensuring that a real connection can take place with each candidate/family. Special circumstances might result in some variation to this: a parish with five candidates might plausibly still have one mentor, for example, or a cooperative effort with other Catholic parishes.

Similar to members of the Confirmation team in the parish, Confirmation mentors should be:

- Spiritually mature, practicing Catholics
- People who will keep their discussions appropriately confidential
- People who will pray for the candidates they are discerning for
- People who are willing to assist or find assistance for candidates whose readiness for the sacrament may be delayed

MENTORS MUST:

- Complete the Diocese of Altoona-Johnstown Youth Protection training and complete the appropriate required Clearances.
- Be a person of current and accurate Church teachings
- Be able to fully participate in Holy Eucharist and the life of the parish and Church community.

The main work of the mentor in the Confirmation preparation process will take place in informal meetings with a) candidates and b) their parents. **Special care should be taken for ensuring a safe environment for these meetings.** It is essential that the parish have prior planning to create and maintain safe environments for such meetings (public areas, multiple people, open space, etc.) There should be a clear rubric for such safe space agreed upon by pastors, Confirmation Team and mentors before the meetings begin for any year of sacramental preparation.

The Mentor and Teen/Parent Sessions may be provided on a schedule the Church community that the Teen is preparing in. This joint focus is intended to create and foster a sense of personal outreach and connection while at the same time ensuring that the particular formation needed for that candidate/family is made available in a real way.

Through these meetings, the mentor will be able to make informal assessments of the readiness of the candidates and investment of the parents. The end result should be that pastors, mentors and confirmation teams will be able to provide the type of resources, faith formation and personal connection that will best serve each candidate/family.

Ideally, these meetings might be of great assistance in reaching those who have fallen away from the active practice of their faith. But primarily they are about preparing students to take up the work of Christ through the anointing of His Holy Spirit, and to clearly communicate how that entails an active life in the Catholic faith beyond Confirmation. A discussion on the use of the Teens talents and gifts could be of some help with the Service component.

The “Am I Ready To Be Confirmed?” questionnaire that serves as the basic rubric for determining the readiness of a given candidate can serve as the basic outline for discussions with both candidates and parents. The goals listed there are the goals that the mentor should seek to learn and work towards in their meetings. This will serve to keep candidates, parents, mentors, pastors and members of the Confirmation team clearly centered on the most essential elements of sacramental preparation.

Because of all of these factors, mentors for the Confirmation process will need special training and preparation to take up their roles. This formation should include:

- A clear understanding and vision of what Confirmation is (and is not)
- A clear understanding and vision of the Confirmation program and its components and goals
- Guidance for how to conduct candidate meetings
- Guidance for how to conduct parent meetings
- A clear availability of resources to be able to utilize and recommend for parents/candidates as the mentoring process unfolds



CONFIRMATION: *The Basics*

Confirmation is a special, once-in-a-lifetime anointing by which God empowers one to take up Jesus's mission as their mission in life.

The Sacrament of Confirmation completes the fullness of their initiation into the Catholic Church. In this way they are celebrating Holy Communion in the fullest sense as a member of the mystical Body of Christ. Becoming a Missionary Disciple is to be Jesus in the world that began at their baptism when they became a member of the Body of Christ, the Church.

The Introduction the Order of Confirmation summarizes what Confirmation is:

***Through the Sacrament of Confirmation
the apostles themselves and the Bishops,
who are their successors,
have handed on to the baptized
the special gift of the Holy Spirit,
promised by Christ the Lord
and poured out upon the Apostles at Pentecost.
With its help, initiation in the Christian life
is so brought to completion that the faithful,
strengthened by heavenly power,
go forth as true witnesses of Christ in word and example,
and are bound more closely to the Church.***

(SACRED CONGREGATION FOR DIVINE WORSHIP, DECREE,
2016, *The Order of Confirmation*, United States)

What Confirmation does NOT do:

- *Makes one an adult in the Church*
- *Fulfills canon law requirements to enable one to get married in the Church*
- *Gives one the life of the Holy Spirit, and the gifts of the Holy Spirit, for the first time*
- *Represents a time in which one chooses to be Catholic either now or in the future*

What celebrating the Sacrament of Confirmation DOES do:

- Brings to completion one's initiation into the Catholic Church that began at Baptism
- Enables you to become a baptismal godparent or Confirmation Sponsor
- Sets the foundation to celebrate Holy Orders as an priest, deacon or bishop or profess vows as a consecrated religious brother or sister
- Helps to strengthen the marriage bond between a husband and wife and assists with the raising and providing the faith formation of children

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CONFIRMATION PROCESS DEFINITIONS

Am I Ready to be Confirmed Personal Inventory? - This is a Candidate discernment tool that can be used by the Teen to make their decision if they are ready to begin the Confirmation process. It can also be used for reference and by Mentors, Parents and Sponsors for conversation and reflection.

- **Commitment to Discipleship Form** - This form is required at the beginning of the candidate's discernment year in August/early fall. It is a form signed by the candidate and one parent/guardian.
- **Readiness for the Sacrament Form** – This form must be completed by each member of the Confirmation team. These confidential forms will be used by the committee to determine the readiness of the candidate in the following spring.
- **Parish Mentor**- volunteer parishioner who is well-known in the parish and who can witness to the faith and encourage the candidate to participate in parish life.
- **Service Project Coordinator**- a parish member volunteer who can direct a candidate to create a meaningful service project as an individual or in a small group of 2-3 candidates. The coordinator will also review and approve the Candidate Community Service Project Proposals.
- **Confirmation Team**- Group comprised of the Pastor/Administrator and DRE/Catechist/Mentor/Service Project Coordinator, and Youth Minister where available.
- **Readiness Meeting** - The Confirmation Team will meet in early/late spring to discern which candidates are ready to receive Confirmation beginning in the upcoming Easter Season. The meeting must be confidential. Using the submitted **Determination for Readiness Form**, Candidates will be discerned by the team to be ready or make a recommendation the Candidate be deferred. Mentors are asked to complete a form,
- **Discipleship Events**- Events sponsored by the parish, deanery, and/or diocese that are interactive and enable a spiritual encounter with the Lord, Jesus. **Pastors/Confirmation Team will discern which events will be suitable for their parish to accept** and what will be offered to the candidates as "Discipleship Events" in their own parish.
- **Deferment** – Candidates who are deemed to be not ready for the Sacrament may be asked to continue on their discipleship journey and defer the reception of the Sacrament until the next year. This is not a 'do-over' it is a readiness progression.

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CONFIRMATION PREPARATION PROCESS BASIC ELEMENTS

Teens in Grades Nine, Ten, Eleven and Twelve are to be invited to enter into a One-Year Process.

The invitation will be extended every year in the spring.

The Teens are expected to be:

- Attending Sunday Mass
- Attending Parish Religious Education Faith Formation, Catholic School, or are being Home Schooled in Catholic theology.
- Willing to grow as a disciple of Jesus Christ in relationship and action.
- Willing to engage in and accomplish expectations of the preparation process.
- Willing to continue to live and be active as a disciple of Jesus Christ sharing the fullness of the Gifts of the Holy Spirit in the life of the Church and their community, including ongoing Faith Formation.

The Teen along with their Parents/Guardians are expected to attend:

An informative meeting held in the spring at the parish to learn about the sacramental preparation process

The Teen along with their Parents/Guardians:

Use the Guides and hand-outs including a Personal Faith Inventory, **“Am I Ready to be Confirmed?”** given at the meeting to use in the summer during a discernment period (summer) to make their decision

The Teens can then follow up by:

- Writing a simple letter of introduction in his or her own words to the Pastor or Administrator, or make an appointment, to express their intentions to seek the Sacrament of Confirmation and why they feel they are ready to be Confirmed.

One parents/guardian must accompany the teen to an in-person meeting especially in the case of a teen who is a person of disability.

- **Returning in the fall at a parish scheduled meeting** and bring the completed **“Commitment to Discipleship Form”** which includes their personal information and the Name of their Sponsor and the Confirmation Name they have prayerfully chosen.
- Working on their Community Service Proposal to submit for approval
- Meet their assigned Mentor at a scheduled parish gathering

Determination for Readiness

Teens are expected to be actively engaged throughout the preparation year:

- Perform an intentional and substantial community service project or outreach and submit the ***Confirmation Service Project Proposal Form*** to the Confirmation Team for approval. This may be done alone or in small groups.
- Attend a minimum of 2 approved Discipleship Events provided by the parish, deanery, Diocese of Altoona-Johnstown, or Catholic High School/Academy.
- Attend any other parish scheduled gatherings to meet and share time with their Mentor and be in prayer engagement with the other Teen Candidates.
- Attend Sunday Mass regularly and be open to celebrating Sacrament of Penance/Reconciliation.

After the Confirmation Team meets to share comments and review submitted letters of *Determination of Readiness*:

Teens will take part in immediate Confirmation Mass preparations as determined by the parish, such as reflections on the Rite of Confirmation including the Renewal of Baptismal Promises, meetings with Sponsor, Mentor, and celebrate the Sacrament of Penance.

Teens who have been determined to be “not ready” should be gently deferred in a meeting with Pastor and a member of the Confirmation Team and their parent/guardian to set a plan for future or completing Confirmation preparation goals.

Attend Confirmation Mass rehearsal

Celebrate the Sacrament of Confirmation in the Diocese of Altoona-Johnstown at a scheduled Confirmation Mass.

Persons of Disabilities

Teen candidates who are persons with disabilities should be included along with others during the Mass rehearsal and celebration of the sacrament. At times, Pastoral need may necessitate an accommodated setting and simpler manner.

Teen Candidates in the process of *Order of Christian Initiation of Adults*

Teens in the *OCIA* process should be invited to the Discipleship Events with their peers, scheduled by and with the parish group.



The check list on this page is a Candidate discernment tool to use to make their decision if they are ready to begin the Confirmation process.

Am I ready to be Confirmed?

Take a look at the personal faith inventory below and check what may apply to you. This will help guide you to know whether or not you are ready to formally begin the Confirmation process! Your answers may help you write your letter to your Pastor.

_____ I personally believe in God, and I would like my relationship with Him to be stronger now and in the future.

_____ I do pray to God now and would like to grow in my ability to pray.

_____ I believe that the Catholic Church is the one church established by Jesus, and that living as a disciple of Jesus means living as a faithful Catholic during my life.

_____ I attend Mass every Sunday and have a desire to receive Holy Communion because I believe that the Eucharist is truly Christ's own Body.

_____ I am not attending Mass every Sunday, but I know that it must become a priority for me.

_____ I know that I am not a perfect person, and that I will always need the power of Christ's death and resurrection to overcome my sins, part of which means relying on the Sacrament of Penance and Reconciliation to make a good Confession and to grow in grace.

_____ I would like to accept Christ's mission in the world as my own and want the Holy Spirit to help me live that mission throughout my life as a disciple of the Lord Jesus.

_____ I am genuinely open to helping others encounter Jesus and His love.

_____ I hope to deepen my faith so that I may bring others to baptism so they in turn will know the saving power of Jesus Christ through his death and Resurrection.

_____ I want to make it a priority in my life to help those in need, especially in the ways that Jesus asked of His disciples (mercy, kindness, compassion, forgiveness)

_____ I want to strive to perform the Corporal Works of Mercy (feeding the hungry, giving drink to the thirsty...) as Jesus commanded to the disciples. (Mt: 25)

_____ I intend to continue in my faith formation and to be involved in some kind of ministry in my faith community after Confirmation.

DISCIPLESHIP EVENTS

Discipleship Events are key moments of spiritual encounter and faith formation that are to be required steps in the Confirmation process. Ideally, all candidates will participate in at least two 'Discipleship Events' as either defined or accepted by the Pastor/team. Teens should be encouraged to participate in many as they can above the two.

Any proposed 'Discipleship Event' should be able to be primarily defined as having one or more of these three goals on behalf of the candidates:

Spiritual *encounter*- there is a focus on bringing about an intentional and personal encounter with Christ through prayer/sacraments.

Spiritual *formation*- there is a focus on providing building blocks for the candidate's spiritual life, especially through modeled, hands-on activity.

Spiritual *growth*- there is a focus on helping the candidate move forward from where they are now to where they could/should be in their personal relationship with Christ.

Criteria that should be sought after if creating your own Discipleship Events for your parish, deanery, etc.:

Religious activities are not the same as spiritual encounters:

The first are only worthwhile if they will *clearly* lead to the second.

Quality over quantity: 2 – 3 hours of effective spiritual encounter is worth more than a full day with minimal encounter!

Personal witness: teens respond strongly to stories being shared about real people in real situations.

Opportunity for student sharing: candidates need to feel like we are genuinely interested in getting to know them and learning about their lives, as well as genuinely interested in forming them in authentic Catholic faith.

ARE NOT a class: as stated above, these events should focus on spiritual encounter, formation & growth. All learning or instructional points should be clearly oriented to those goals.

Personal prayer and sacramental encounter should be a central focus.

PARENTS AND MENTORS

The role of parents in the Catholic faith cannot be overemphasized. The family is the place where children and young people are usually most impacted in terms of their faith formation, and parents are usually the most impactful authority figures in the lives of their children. As a result, the way that the faith is practiced (or not practiced) in the home will greatly affect the way young people encounter and live the faith.

Because of this, it should be understood that parents have a unique and irreplaceable role in the Confirmation process. The process should therefore aim to provide parents with the basic tools and information they need to understand their role as well as to be active in that role.

The Confirmation mentor may be a key to this, as they may be a point of contact between parents and the parish during the Confirmation process. This allows the parents to have the experience of personal outreach rather than just mandatory schedules or paperwork. More importantly, it creates the opportunity to empower parents to become more active participants in the spiritual lives of their children, and perhaps more active participants in their own personal faith lives.

This will be especially true for those parents/families that have fallen away from the active practice of the faith. Some of these parents may never have had a Catholic adult sit down and pray with them in a personal way, or perhaps have never prayed with their children, either. The opportunity to bring grace into their lives and to help them bring grace into their families should be a clear goal and central focus of our interaction with them throughout the Confirmation process.

A conversation between the mentor and the pastor about what that should look like can be held after a parent meeting of this kind takes place, but should always be followed up on in some way to the degree the parents are willing. Some parents may have real, unresolved issues with parishes, pastors, or the teachings and practices of the Catholic faith itself. If they are upset or were hurt and affirm that we've heard them out. We should always be prepared to offer that the pastor or someone else from the parish would be willing to follow up with them about their particular issue(s). The invitation is important here, even if it is not accepted.

In terms of guiding the primary structure of parent-mentor meetings, the same **'Am I Ready To Be Confirmed?'** checklist that guides our preparation with the candidates should be our guide for helping the parents in their own role. It will provide the point of departure and guideline for growth throughout our interactions with them. This should then serve as a bridge to interaction with both pastor and parish as the process matures, creating the opportunity for a more effective relationship with both for the candidates and their families.

Some primary points of emphasis for us to address/assist with parents:

- Are they attending Mass?
- Are they connected to the parish?
- Do they have a prayer life/pray for their children?
- Do they have any specific questions about or struggles with the Catholic faith?
- Are there unresolved issues with the parish, practice of faith, etc. we can listen to?
- What resources can we offer to benefit them in their roles as Catholic parents? (this might include anything from finding them blessed sacramentals for their homes to recommending ways to grow in faith themselves)

Some goals for the mentor over the course of the preparation process with parents:

- Pray with and for the parents, being sure to ask for their prayer intentions
- Find intercessors (from parish, local convents, etc.) to pray for them throughout the process
- Assist the parents in praying for their child
- Be ready to refer the teen and parent to the pastor if very important concerns arise in mentor and teen sessions.
- Offer to help: “What can WE do to help your child grow in the faith?”
- Keep the interactions conversational, but substantial
- Parents who are away from the active practice of the faith and/or parish life should feel that we offer a clear path back and support to help set simple but viable goals for them and their teen.

Some examples:

Begin to attend Mass on Sundays at least twice a month at first then very week. Begin each family meal with a simple Grace before Meals Prayer.

NOTEWORTHY:

- ABSOLUTELY ANY CHILD SEXUAL ABUSE INCIDENTS RELAYED BY A TEEN MUST BE REPORTED. THE REPORT MUST BE KEPT CONFIDENTIAL.

MENTORS AND SPONSORS:

HELPFUL HINTS FOR WORKING WITH TEENAGE CANDIDATES

- ◆ We need to be comfortable in working with this age group, and be authentic and genuine in what we say and do. Young people are adept at spotting insincerity.
- ◆ Young people need us to be their friends who can be trusted, but not their buddies.
- ◆ It is good thing to tune in to some of the youth culture, especially their music, to get an understanding of it.
- ◆ We do not need to know everything about the youth culture; however, we need to respect and not thoughtlessly reject or criticize it.
- ◆ Adolescents need to be moved gently in anything we do with them; but, we need to challenge young people to grow. They are looking to have their decisions and their point of view tested without being in an argumentative environment.
- ◆ Rather than “teach”, we need to facilitate the learning process. The most effective way to communicate with young people is tell them “our story.” Our story and honesty make us real and believable.
- ◆ Young people need to be apart of and process in order to get the most out of it; ownership is the key to youth involvement.
- ◆ It is best not to present everything as written in stone. However; young people need firm limits set and held to. Being inflexible limits our relationship with teens, yet being vague diminishes our credibility.
- ◆ We need to share, and invite young people to know Jesus through God’s unfolding story. The Holy Scriptures must always be an expression of our belief in God, Jesus Christ, and the Holy Spirit.
- ◆ We need to hold to our values. There needs to be a limit to our flexibility. We can compromise only so far.
- ◆ We need to be examples of Christian by living the Golden Rule, the commandments, beatitudes, and justice teachings of the Church.
- ◆ We need to celebrate our own joy and appreciation of Jesus Christ in the sacraments, especially in the sacraments of Penance and Reconciliation, and the Most Holy Eucharist, so our youth will too.
- ◆ Finally, we need to be honest with teens that to be a Christian is not easy. It is a daily commitment. (The cross – Mark and Luke) Christianity demands that we determine our life-style according to Jesus’ standards, not the worlds. (John 15:18-21)
- ◆ Our goal is to help form our young people to be disciples of Jesus Christ Christianity, within the Catholic Tradition, in a world that seems to exponentially reject the respect and dignity for life in all forms and levels.
- ◆ Be able to discuss current events and happenings in the Catholic Church, E.g. Pope Francis

SERVICE COMPONENT



Jesus focused on works of mercy on behalf of those in need throughout His public ministry, and told His disciples that they were expected to make works of mercy a priority in how they treated others.

Because of this, the formation process for Confirmation includes service for others as a key component. By engaging in service as a work of mercy, your child ‘trains’ in doing good for others as a way of practicing what the grace of Confirmation will help them do—love and serve others through works of Christian charity.

The Confirmation project is designed to help them make a difference in the lives of others by using their own God given talents, time and energy. Their formation process for Confirmation will involve a service project designed, prepared and executed by THEM (either as individuals or as a small group of candidates) It may be completed either by he/she alone or by a small group of up to three other students in the Confirmation formation process (in other words, 1-4 candidates, though you are not limited in terms of other friends or family members who might help). The requirements of the project are as follows:

- **PERSONAL-** this project should be providing a service to a person/group in a way that no one else is currently doing. For example, helping out at someone else’s Red Cross blood drive or fundraiser would not count, but organizing and advertising your *own* blood drive or fundraiser would. **In other words, it should be something that would not get done unless they did it—as well as something they really want to do!**
- **SUBSTANTIAL-** the project must involve something more than just raking leaves or folding up chairs; it should address a real need in the lives of another person or group of people, and truly do something concrete in response to that need. **It should be something that would really be meaningful to the person/people you he/she is serving with the project.**
- **RECORDED-** the project will start with a simple **1-page typed proposal or by (using the completed form)** and be given to their Confirmation Team director. The proposal should include: 1) who is involved in the project; 2) what the goal of the project is and the need it addresses; and 3) what kind of work the student(s) plan to undertake in order to achieve their goal. We will make sure the project meets the requirements and let the students know ASAP if any changes would be asked for. In addition, **students take and provide pictures of the project/service as it is being prepared and performed**, so that we might display them in the parish prior to Confirmation. Teens could also ask their Mentor for assistance in pre-planning.

AN EXCERPT FOR MENTORS:

APOSTOLIC EXHORTATION: *Christus Vivit*
TO YOUNG PEOPLE AND TO THE ENTIRE PEOPLE OF GOD,
Holy Father Pope Francis

MENTORS *Accompaniment by adults*

242. Young people need to have their freedom respected, yet they also need to be accompanied. The family should be the first place of accompaniment. Youth ministry can present the ideal of life in Christ as the process of building a house on rock (cf. *Mt* 7:24-25). For most young people, that house, their life, will be built on marriage and married love. That is why youth ministry and the Pastoral care of families should be coordinated and integrated, with the aim of ensuring a continuous and suitable accompaniment of the vocational process.

243. The community has an important role in the accompaniment of young people; it should feel Collectively responsible for accepting, motivating, encouraging and challenging them. All should regard young people with understanding, appreciation and affection, and avoid constantly judging them or demanding of them a perfection beyond their years.

246. The same young people described to us the qualities they hope to find in a mentor, and they expressed this with much clarity. "The qualities of such a mentor include: being a faithful Christian who engages with the Church and the world; someone who constantly seeks holiness; someone who is a confidant without judging. Similarly, someone who actively listens to the needs of young people and responds in kind; someone deeply loving and self-aware; someone who recognizes his or her limits and knows the joys and sorrows of the spiritual journey. An especially important quality in mentors is the acknowledgement of their own humanity – the fact that they are human beings who make mistakes: not perfect people but forgiven sinners.

Mentors should not lead young people as passive followers, but walk alongside them, allowing them to be active participants in the journey. They should respect the freedom that comes with a young person's process of discernment and equip them with tools to do so well. A mentor should believe wholeheartedly in a young person's ability to participate in the life of the Church. A mentor should therefore nurture the seeds of faith in young people, without expecting to immediately see the fruits of the work of the Holy Spirit. This role is not and cannot be limited to priests and consecrated life, but the laity should also be empowered to take on such a role. All such mentors should benefit from being well-formed, and engage in ongoing formation".^[134]

THE CONFIRMATION TEAM AND MENTOR

Guidelines for Discernment and Meetings

These are some key things to always keep in mind to frame your discussions with the pastor concerning each candidate's readiness for Confirmation. More may be added at the discretion of the pastor.

Overall Guidelines

- **Keep things confidential!** This process deals with many personal aspects of faith and life. Details about particular candidates should never be shared outside of meetings of this team and/or meetings with the pastor.
- **Respect the pastor's final decision.** It is the pastor that has to make the final determination of readiness for the sacrament for any candidate. The team is to advise him as best they can and to make him aware of any and all pertinent information to make that decision, but must always defer to his final decision.
- **Pray!** Be sure to make frequent recourse to prayer throughout this process, praying for the candidates as well as for guidance for your team and your pastor.

Positive things to consider when discerning a candidate's readiness

- Weekly Mass attendance and understanding of its importance
- Sincere desire to draw closer to God and imitate Christ
- Mature understanding of what Confirmation is
- Activity In/connection to the parish
- Nourishing environment of faith—whether in family, friends, and/or school
- Attendance and participation in Discipleship Events, parish meetings and personal follow-through with service plans and initiatives

Things to AVOID when discerning a candidate's readiness

- Expecting perfection: this process is to discern the basic elements of readiness according to the Confirmation guidelines provided in this process.
- Recommending candidates to receive Confirmation just because they or their parents want it, or simply because they have faith or believe Confirmation is a positive thing without really understanding it.
- Allowing personal opinions or judgments to get in the way, based on our own perception of the candidates, their families, youth in general, etc.

READINESS FOR THE SACRAMENT OF CONFIRMATION FORM

This form will be not be seen by the candidate and will be keep confidential

Candidate's Name: _____

Church of Confirmation Preparation: _____

Your Name: _____

Address: _____

Phone (Cell) Number: _____ **Email:** _____

I am the Candidate's (please check): ☐ Parent ☐ Sponsor ☐ Mentor ☐ DRE
☐ Pastor/Administrator ☐ Youth Leader ☐ Catechist/Religion Teacher

Briefly express why you believe the candidate is ready (or not) to receive the Sacrament of Confirmation. ***Please write on the back of this form or staple a typed page to the form.***

Please consider these points in making your determination:

- Does the candidate attend Mass weekly? Does he/she have a genuine desire to receive Holy Eucharist?
- Has the candidate demonstrated a desire to be a disciple of Jesus?
- Has the candidate attended parish/deanery/diocesan sponsored events during his/her year of discernment?
- Has the candidate participated in opportunities to serve others in the community through Parish sponsored service projects or individual service opportunities?
- Do you consider this candidate to be a witness to the Catholic faith?
- Has the candidate demonstrated a commitment to reading the Scriptures and a prayer life?
- Do you see evidence the candidate is personally choosing, of their own accord, to be Confirmed and to become a full initiated member of the Church?

If you have any reservations in recommending this candidate receive the Sacrament of Confirmation please state what they are.

READINESS FOR THE SACRAMENT OF CONFIRMATION

Candidate's Name: _____

Church: _____

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

Signature *Date*