

The Angelus

The angel spoke God's message to Mary,

And she conceived of the Holy Spirit

Hail, Mary...

"I am the lowly servant of the Lord:

let it be done to me according to your word."

Hail, Mary...

And the Word became flesh

And lived among us.

Hail, Mary...

Pray for us, holy Mother of God,

That we may become worthy of the promises of Christ.

Let us pray.

Lord, fill our hearts with your grace: once, through the message of an angel you revealed to us the incarnation of your Son; now, through his suffering and death lead us to the glory of his resurrection. We ask this through Christ our Lord. Amen.