

Benefits are administered by HealthNow Administrative Services (HNAS).  
HNAS uses the Highmark Network of providers for your coverage.



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CATHOLIC DIOCESE OF  
ALTOONA-JOHNSTOWN

## Lay Employees PPO \$750 Benefit Summary

Benefit	Network	Out-of-Network
<b>General Provisions</b>		
Effective Date: April 1, 2023	Contract year: April 1, 2023 – March 31, 2024	
Deductible (per benefit period) (1)		
Individual	\$750	\$1,000
Family	\$1,500	\$2,000
Plan Pays – payment based on the plan allowance	100% after deductible	50% after deductible
Out-of-Pocket Limit (Includes medical deductible and coinsurance) (2)		
Individual	\$750	Not Applicable
Family	\$1,500	Not Applicable
Total Maximum Out-of-Pocket (Includes deductible, coinsurance, copays, prescription drug cost sharing and other qualified medical expenses, Network only) Once met, the plan pays 100% of covered services for the rest of the benefit period.		
Individual	\$4,350	Not Applicable
Family	\$8,700	Not Applicable
<b>Office/Clinic/Urgent Care Visits</b>		
Retail Clinic Visits	100% after \$50 copay	50% after deductible
Primary Care Provider Office Visits	100% after \$25 copay	50% after deductible
Specialist Office Visits & Virtual Visits	100% after \$35 copay	50% after deductible
Urgent Care Center Visits	100% after \$50 copay	50% after deductible
<b>Preventive Care</b>		
<b>Routine Adult</b>		
Physical exams	100% (deductible does not apply)	50% after deductible
Adult immunizations	100% (deductible does not apply)	50% after deductible
Routine gynecological exams, including a Pap Test	100% (deductible does not apply)	50% after deductible
Mammograms, annual routine	100% (deductible does not apply)	50% after deductible
Diagnostic services and procedures	100% (deductible does not apply)	50% after deductible
<b>Routine Pediatric</b>		
Physical exams	100% (deductible does not apply)	50% after deductible
Pediatric immunizations	100% (deductible does not apply)	50% (deductible does not apply)
Diagnostic services and procedures	100% (deductible does not apply)	50% after deductible
<b>Emergency Services</b>		
Emergency Room Services	100% after \$150 copay	
Ambulance – Emergency	100% after network deductible	
<b>Hospital and Medical/Surgical Expenses (including maternity)</b>		
Hospital Inpatient	100% after deductible	50% after deductible
Hospital Outpatient	100% after deductible	50% after deductible
Maternity (non-preventive facility & professional services) excluding dependent daughter	100% after deductible	50% after deductible
Medical Care (including inpatient visits and consultations)/Surgical Expenses	100% after deductible	50% after deductible
<b>Therapy and Rehabilitation Services</b>		
Physical Medicine	100% after deductible	50% after deductible
Respiratory Therapy	100% after deductible	50% after deductible
Speech Therapy	100% after deductible	50% after deductible
Occupational Therapy	100% after deductible	50% after deductible
Spinal Manipulations	100% after deductible	50% after deductible
	Limit: 25 visits/benefit period	
Other Therapy Services (Cardiac Rehab, Infusion Therapy, Chemotherapy, Radiation Therapy and Dialysis)	100% after deductible	50% after deductible
<b>Mental Health/Substance Abuse</b>		
Inpatient Mental Health Services	100% after deductible	50% after deductible
Inpatient Detoxification / Rehabilitation	100% after deductible	50% after deductible
Outpatient Mental Health Services	100% after \$25 copay	50% after deductible
Outpatient Substance Abuse Services	100% after \$25 copay	50% after deductible

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Benefit	Network	Out-of-Network
<b>Other Services</b>		
Allergy Extracts and Injections	100% after deductible	50% after deductible
Assisted Fertilization Procedures	Not Covered	Not Covered
Dental Services Related to Accidental Injury	100% after deductible	50% after deductible
<b>Diagnostic Services</b>	100% after deductible	
Advanced Imaging (MRI, CAT, PET scan, etc.)	100% after deductible	50% after deductible
Basic Diagnostic Services (standard imaging, diagnostic medical, lab/pathology, allergy testing)	100% after deductible	50% after deductible
Durable Medical Equipment, Orthotics and Prosthetics	100% after deductible	50% after deductible
Home Health Care	100% after deductible	50% after deductible
Hospice	100% after deductible	50% after deductible
Infertility Counseling, Testing and Treatment	Not Covered	Not Covered
Private Duty Nursing	100% after deductible	50% after deductible
Skilled Nursing Facility Care	100% after deductible	50% after deductible
Transplant Services	100% after deductible	50% after deductible
Precertification/Authorization Requirements (3)		Yes

## Summary of Prescription Drug Coverage

<b>Prescription Drugs</b>	
Prescription Drug Deductible	
Employee Only	None
Family	None
Prescription Drug Program	
EmpiRX is the administrator of the prescription drug plan.	<b>Retail Drugs (up to 34/60/90-day Supply)</b> \$20/\$40/\$60 Generic copay \$40/\$80/\$120 Preferred copay \$60/\$120/\$180 Non-Preferred copay
Your plan uses the Total Care Plus Formulary.	
More information about prescription drug coverage is available at <a href="http://www.empirxhealth.com">www.empirxhealth.com</a>	<b>Specialty Medications (up to 30-day Supply)</b> \$20/\$40/\$60 copay
	<b>Mail Order (up to 90-day Supply)</b> \$40 Generic copay \$80 Preferred copay \$120 Non-Preferred copay

(1) The deductible is embedded. If you have family coverage, this means that each covered family member only needs to satisfy the individual deductible, not the entire family deductible, before receiving benefits.

(2) The limits are embedded. When an individual or family reaches the annual limit, the Plan pays 100% of additional covered expenses for the rest of the benefit year.

(3) You are required to call the phone number on your ID card to obtain precertification prior to receiving certain benefits (for a detailed list of services requiring precertification please refer to the Summary Plan Description). When the required review procedures are followed, your benefits will be unaffected. Failure to comply with the required review procedures will result in a penalty being applied to eligible expenses that does not apply to your out-of-pocket limit.

(a) When services are received from a participating provider, precertification will be obtained by the health care provider. If certification is not received, the benefit will be reduced by 100%.

(b) When services are received from a non-participating provider, you are responsible to obtain precertification. If certification is not received, benefits will be reduced by 100%, and the penalty you pay does not apply to your out-of-pocket limit.

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