

PROCLAMATION OF PRAISE FOR GOD'S MERCY (Stand)

Presider: We have turned from sin.

**All: God has gifted us with forgiveness.**

Presider: We have confessed our sins and received sacramental absolution.

**All: God has gifted us with forgiveness.**

Presider: We are assured of the Lord's great love for us.

**All: God has gifted us with forgiveness.**

Presider: We commit ourselves to what is holy.

**All: God has gifted us with forgiveness.**

CLOSING PRAYER

Presider: Let us pray:

Lord Jesus Christ,  
your loving forgiveness knows no limits.  
By dying on the cross and rising from the dead.  
You have gifted us with the forgiveness of sins.  
Help us to forgive each other  
and to work together to establish peace in the world,  
for you live and reign for ever and ever.

**All: Amen.**

Presider: May almighty God bless you, the + Father, and the Son,  
and the Holy Spirit.

**All: Amen.**

Deacon/Presider: We continue our Lenten journey,  
go now reconciled with God and one another.

**All: Thanks be to God.**

Closing Song: *Where Charity and Love Prevail*

or  
*The Glory of These Forty Days*  
(Any song reflecting the theme of Lent)

LENTEN PENANCE SERVICE 2020



...they turned from their evil ways... Jonah 3:1-10

Opening Song: *Crown Him with Many Crowns* (Stand)  
or  
*Lift High the Cross*

Presider: In the + name of the Father, and of the Son,  
and of the Holy Spirit.

**All: Amen.**

Presider: Grace and peace be with you from God the Father and  
from Jesus Christ who loved us and washed away our sins  
in his blood.

**All: Glory to our Lord forever. Amen.**

Presider: God calls us to turn from sin; let us therefore ask the Lord for  
the grace of sincere repentance.

Let us pray. (Pause in silence)  
Lord, hear the prayers of those who call on you,  
forgive the sins of those who confess to you,  
and in your merciful love  
give us your pardon and peace.  
We ask this through Christ our Lord.

**All: Amen.**

LITURGY OF THE WORD (Sit)

Jonah 3:1-10  
(Lectionary, Volume IV, Number 27, For the Remission of Sins, #948, fourth option)

Homily:

## EXAMINATION OF CONSCIENCE

Presider: As we prepare for sacramental forgiveness, we review our lives and examine our conscience, relying on the mercy of God.

*Let us kneel.*

Deacon/Commentator:

Is God first in my life? Have other things become more important than God?

**All: They turned from their evil ways, and God forgave them.**

Deacon/Commentator:

Do I curse or swear? Is God's name kept holy? Do I pray enough?

**All: They turned from their evil ways, and God forgave them.**

Deacon/Commentator:

Do I participate at Mass every Sunday? Do I make time for God in my daily life?

**All: They turned from their evil ways, and God forgave them.**

Deacon/Commentator:

Do I respect my parents, my spouse, all family members?  
Am I disrespectful to lawful superiors?

**All: They turned from their evil ways, and God forgave them.**

Deacon/Commentator:

Do I respect each person's human dignity? Do I fight and argue with others?

**All: They turned from their evil ways, and God forgave them.**

Deacon/Commentator:

Have I properly used God's gift of sexuality whether married or single?

**All: They turned from their evil ways, and God forgave them.**

Deacon/Commentator:

Have I stolen or damaged someone's property? Do I need to return anything?

**All: They turned from their evil ways, and God forgave them.**

Deacon/Commentator:

Have I been truthful and fair? Have I injured another by deceit, judgment, or violation of a secret?

**All: They turned from their evil ways, and God forgave them.**

Deacon/Commentator:

Have I been jealous of another? Am I happy when good things happen to another?

**All: They turned from their evil ways, and God forgave them.**

ACT OF REPENTANCE: Act of Contrition:

**All: O my God, I am heartily sorry for having offended you. I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because I have offended you, my God, who are all good and deserving of all my love. I firmly resolve with the help of your grace to sin no more and to avoid the near occasions of sin. Amen.**

LORD'S PRAYER:

*(Stand)*

Presider: Seeking God's mercy, we pray as the Savior taught us.

**All: Our Father...**

## SACRAMENT OF RECONCILIATION

DIRECTIONS: The Priests take their place within the Church for individual Confession and absolution. The penitent will say when last Confession occurred; priest will give a penance. No ACT OF CONTRITION is necessary. Penitent returns to body of church joining the community in the silence or singing.

Deacon/Commentator: Please be seated.

POSSIBLE SONGS DURING INDIVIDUAL CONFESSION:

*Sit or Kneel*

Ashes

Be With Me

Draw Near, O Lord

Glory and Praise to You

Grant to Us, O Lord

Hosea

My Soul Is Longing for Your Peace

O Sacred Head Surrounded

What Wondrous Love

Yes, I Shall Arise

(Any other appropriate song or psalm or instrumental reflecting God's mercy and forgiveness can be chosen by parish.)