



Diocese of Altoona-Johnstown

Family Life Office

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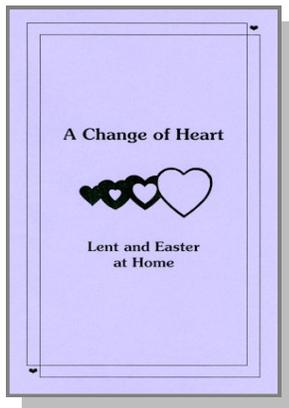
TO: Clergy, principals, DREs

Do your families:

- **pray together at home during Lent?**
- **know how to make prayer, fasting, almsgiving a family experience?**
- **observe the entire Easter Season?**

This booklet has been used for years by young and old, those living alone or with family members.

This booklet contains these and much more:



- Home traditions, rituals, devotional activities
- Encouragement to attend Lenten services at church
- Forgiveness at home
- A family prayer/good deed basket
- Stations of the cross—family perspective
- Discussing Sunday readings at home
- Holy week activities
- Ways to observe the whole season of Easter
- Ascension and Pentecost home celebration ideas

Use as a gift for parishioners or religious education families

Would a parish organization be willing to purchase this for your families?

\$3.00—1–49

\$2.50—50-99

\$2.00—100 +

Save postage: pick up order at the Chancery (Bldg. A) or in Lilly.

Make check payable to “Family Life Office”

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www.dioceseaj.org (Click on Offices, Family Life)

“Families that pray together stay together”