



# Diocese of Altoona-Johnstown

## *Family Life Office*

5379 Portage St.  
Lilly, PA 15938  
Telephone (814) 886-5551  
Fax (814) 886-7697  
[familylife@dioceseaj.org](mailto:familylife@dioceseaj.org)

February 5, 2019

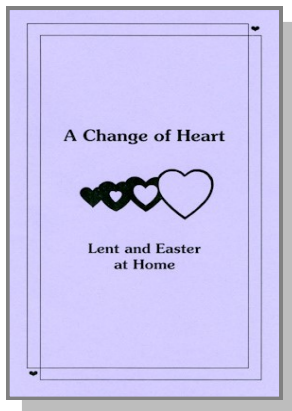
TO: Clergy, principals, DREs

### **Do your families:**

- **pray together at home during Lent?**
- **know how to make prayer, fasting, almsgiving a family experience?**
- **observe the entire Easter Season?**

This booklet has been used for years by young and old, those living alone or with family members.

This booklet contains these and much more:



- Home traditions, rituals, devotional activities
- Encouragement to attend Lenten services at church
- Forgiveness at home
- A family prayer/good deed basket
- Stations of the cross—family perspective
- Discussing Sunday readings at home
- Holy week activities
- Ways to observe the whole season of Easter
- Ascension and Pentecost home celebration ideas

Use as a gift for parishioners or religious education families

Would a parish organization be willing to purchase this for your families?

\$3.00—1– 49

\$2.50—50-99

\$2.00—100 +

Save postage: pick up order at the Chancery (Bldg. A) or in Lilly.

Make check payable to “Family Life Office”

Family Life Office  
5379 Portage St.  
Lilly, PA 15938

814-886-5551 Fax: 814-886-7697

[familylife@dioceseaj.org](mailto:familylife@dioceseaj.org)

[www.dioceseaj.org](http://www.dioceseaj.org) (Click on Offices, Family Life)

*“Families that pray together stay together”*